

Dr. M. KALAISELVI Assistant Professor

Contact	
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Academic Qualifications: M.PEd., MPhil., Ph.D., M.Sc., MPhil., B.Ed.

Teaching Experience: 14 Years in Government Higher Secondary School(PG)

Research Experience: 02 Year,7 months , Assistant Professor DPEHS

Additional Responsibilities

1. Member Health Club

Areas of Research

Sports Physiology , Training Methods

Research Supervision / Guidance

Program of Study		Completed	Ongoing
Research			
	M.Phil.	10	
	PhD		02

Publications

International		National		Others
Journals	Conferences	Journals	Conferences	Books / Chapters / Monographs / Manuals
04	10		35	

Other Training Programs

- 1. Two days faculty orientation programme
- 2. Short term course for professional enrichment 7-13th August 2017
- Faculty development (enrichment)program Accreditation quality enhancement, 6-12th January 2017
- One week short term training programme on Research publication and anti plagiarism ,department of English and foreign language & centre for technical and academic, writing, alagappa university,9th -15th October 2017

Membership in

Professional Bodies

1. Academic Commitee Member of Mother Teresa Women's University Kodaikanal, form 08.05.2018 onwards.

Others

1. SZIU (South Zone Inter University Tournament Committee member), Alagappa University

Number of Invited / Special Lectures delivered:

- 1. International Conference on Health Indicators for Physical and Cognitive Fitness Education, Alagappa University, Benefits and Barriers to Physical Activity during Adolescence, Feb-26-27 Alagappa University. "Chair Person"
- 2. National seminar on Role of Bharathanattiyam in Rhythametic and Physical Education, 12th January 2017, College of Physical Education, Alagappa University***'BHARATHANATTIYAM FOR BRAIN CELL, Chair person**
- 3. State level workshop on Fitness and wellness-2017,UGC-SERO (Equal Oportunity), College of physical education, Alagappa university 28th September, **Resource Person**

4. National seminar on Women's studies in the Digital Era, Department of computer science, Mother Teresa Women's University 31st October 2017, **Chair Person**

5. International conference on sports vision and mission for grooming athletes and para athletes for Olympics-2020, College of physical education, Alagappa University 16 & 17 march,2018,Acted as a Chair Person

Recent Publications

- 1. Effects of Asana Pranayama and Meditation Practice on blood pressure, Feb-Mar 2016, Vol+4, International Journal ISSN 2321-7421, Peer Reviewed & referred journal.
- 2. Effects of Asana Pranayama and Meditation Practice on Resting Pulse Rate, Jan-Mar 2016, Vol-6, Quarterly International Journal ISSN 2231-1394, Peer Reviewed, Referred, Indexed with Impact Factor.
- 3. Effect of land based and water based aerobic exercises on breath holding time among school students, Quarterly International ISSN 2231-1394 July-Sep 2016,vol-6,No:3, Peer Reviewed, Referred, Indexed with Impact Factor.
- 4. Effect of land based and water based aerobic exercise on body mass index among school students , Quarterly International journal Oct-Dec, 2016

Funded Research Projects (On Going)								
S.no	Agency	Agency Period		Project Title	Budget(RS. In			
		From	То		Lakhs			
1	AURF	2017	2018	Effects of kids circuit training and neuromuscular training on motor qualities of school children	0.25			

Events organized in leading roles

Number of Seminars / Conferences / Workshops / Events organized: 04

- 1) Conference-Coordinator -2
- 2) Health camp 2

Events Participated

1) Orientation Programme, (29 days) 2017 November 15 to December 12,

Academic Staff College, Khajamalai Campus, Bharathidhasan University, Trichy