

# Dr. M. KALAISELVI Assistant Professor

Contact	
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Academic Qualifications: M.PEd., MPhil., Ph.D., M.Sc., MPhil., B.Ed.

**Teaching Experience: 14 Years in Government Higher Secondary School(PG)** 

## **Research Experience: 02 Year,7 months , Assistant Professor DPEHS**

## Additional Responsibilities

1. Member Health Club

#### **Areas of Research**

Sports Physiology , Training Methods

## **Research Supervision / Guidance**

Program of Study		Completed	Ongoing
Research			
	M.Phil.	10	
	PhD		02

## **Publications**

International		National		Others
Journals	Conferences	Journals	Conferences	Books / Chapters / Monographs / Manuals
04	10		35	

#### **Other Training Programs**

- 1. Two days faculty orientation programme
- 2. Short term course for professional enrichment 7-13th August 2017
- Faculty development (enrichment)program Accreditation quality enhancement, 6-12<sup>th</sup> January 2017
- One week short term training programme on Research publication and anti plagiarism ,department of English and foreign language & centre for technical and academic, writing, alagappa university,9<sup>th</sup> -15<sup>th</sup> October 2017

#### **Membership** in

#### **Professional Bodies**

1. Academic Commitee Member of Mother Teresa Women's University Kodaikanal, form 08.05.2018 onwards.

#### Others

1. SZIU (South Zone Inter University Tournament Committee member), Alagappa University

Number of Invited / Special Lectures delivered:

- 1. International Conference on Health Indicators for Physical and Cognitive Fitness Education, Alagappa University, Benefits and Barriers to Physical Activity during Adolescence, Feb-26-27 Alagappa University. "Chair Person"
- 2. National seminar on Role of Bharathanattiyam in Rhythametic and Physical Education, 12<sup>th</sup> January 2017, College of Physical Education, Alagappa University**\*'BHARATHANATTIYAM FOR BRAIN CELL, Chair person**
- 3. State level workshop on Fitness and wellness-2017,UGC-SERO (Equal Oportunity), College of physical education, Alagappa university 28<sup>th</sup> September, **Resource Person**

4. National seminar on Women's studies in the Digital Era, Department of computer science, Mother Teresa Women's University 31<sup>st</sup> October 2017, **Chair Person** 

5. International conference on sports vision and mission for grooming athletes and para athletes for Olympics-2020, College of physical education, Alagappa University 16 & 17 march,2018,Acted as a Chair Person

#### **Recent Publications**

- 1. Effects of Asana Pranayama and Meditation Practice on blood pressure, Feb-Mar 2016, Vol+4, International Journal ISSN 2321-7421, Peer Reviewed & referred journal.
- 2. Effects of Asana Pranayama and Meditation Practice on Resting Pulse Rate, Jan-Mar 2016, Vol-6, Quarterly International Journal ISSN 2231-1394, Peer Reviewed, Referred, Indexed with Impact Factor.
- 3. Effect of land based and water based aerobic exercises on breath holding time among school students, Quarterly International ISSN 2231-1394 July-Sep 2016,vol-6,No:3, Peer Reviewed, Referred, Indexed with Impact Factor.
- 4. Effect of land based and water based aerobic exercise on body mass index among school students , Quarterly International journal Oct-Dec, 2016

Funded Research Projects (On Going)								
S.no	Agency	Agency Period		Project Title	Budget(RS. In			
		From	То		Lakhs			
1	AURF	2017	2018	Effects of kids circuit training and neuromuscular training on motor qualities of school children	0.25			

#### **Events organized in leading roles**

Number of Seminars / Conferences / Workshops / Events organized: 04

- 1) Conference-Coordinator -2
- 2) Health camp 2

## **Events Participated**

1) Orientation Programme, (29 days) 2017 November 15 to December 12,

Academic Staff College, Khajamalai Campus, Bharathidhasan University, Trichy